



CULTIVATING HOPE MANAGING DESPAIR

Responding Positively to the Challenge of Climate Change and the Environmental & Economic Crises We Face

FACILITATORS: John Sharry and John Gibbons

DATE: Thursday 27th October 2.00 – 4:30pm

VENUE: Tailors Hall Christchurch, Dublin 8

COST: €10, payable at the door

Email irishclimate@mac.com to book a place

From climate change to biodiversity loss, from economic unsustainability to environmental destruction, humanity is facing a gathering series of future problems with catastrophic consequences. Yet almost nobody in mainstream politics or economics is realistically facing any of these facts and are instead pursuing a path of 'business as usual' which is rapidly increasing the intensity of future crises.

In this workshop, we explore the psychological roots of our predicament and how we can motivate ourselves to respond more constructively. This reflective workshop is open to anyone worried about the environment/ predicament we are in and who is keen to develop a constructive personal response.

It is particularly suitable for professionals working in the environmental sector or indeed any other concerned citizens.

John Sharry has 27 years experience as a social worker and psychotherapist and is the author of 13 books on positive psychology, parenting and mental health. He is also a trustee of Feasta, and writes on the psychological factors shaping humanity's inability to face the planetary crises we are in, while exploring how to support constructive responses.

John Gibbons is a specialist environmental writer and commentator. A background in journalism and in business, he wrote a weekly column in the Irish Times for over two years. In 2014, he helped establish An Taisce's climate change committee.

